



# *pilot*

*noun* *pi-lot* \ 'pī-lət \

*to try something with a small group of people to find out if it would be successful or popular*

Thank you for your interest in piloting the ISCA Scope and Sequence (S&S) for the Core Counseling Curriculum Nursery (Preschool) - 12 Document. The aim of this phase is to test, evaluate and modify the developed S&S that you have in front of you. To do so we invite you to use this document, actively, while developing your counseling curriculum.

As a reminder, Core Counseling Curriculum are structured lessons delivered to all students, related to standards and competencies and integrated with the academic curriculum. Lessons can be delivered through specific classroom lessons, collaborative teaching, small groups, advisory programs, transition programs, for example.

Our end goal with the S&S is to create a user-friendly document that counselors could use to support their counseling program - it is not meant to be prescriptive in any way, but rather a resource that is helpful, dynamic, and recognizes the diversity that exists in our jobs. You will notice that there is no prescribed number of lessons nor is there a dogmatic order in which topics need to occur. Obviously, some of us have more contact time than others and some of our counseling work is closely aligned with other curricular areas in our schools.

If something is unclear, please let us know. If something is glaringly missing, let us know. If you have suggestions of resources or specific lesson ideas, let us know. You get the picture :).

In short, the more feedback we can get to improve the S&S from talented counselors like you, the more meaningful it will be a resource in the end! The pilot cycle will be from September 1- May 30. Modifications and refinements will be made based off of your feedback. We will use a few different means to gather feedback from you. You can

expect a follow up email with a survey around September 30, November 30, February 28 and May 30.

**Piloting counselors are encouraged to attend the ISCA Annual Conference in Brussels March 14-16! During the conference we will hold 1-2 workshops targeting the S&S and will have time to collaborate LIVE and in person :)!**

**[Register for the conference HERE!](#)**

Questions to consider while using the S&S:

1. Does the document seem useful/sensical?
2. Is there anything missing or misplaced in terms of content covered?
3. Is there anything that needs to be clarified in terms of student goals?
4. Are there resources/lesson ideas that you could add?
5. How did you use this document?

#### **Frequently Asked Questions about Piloting the S&S:**

- *Do I need to complete the whole program or could I do only some parts?*

Keep in mind the Scope & Sequence is not a program. Curriculum is a part of the whole Counseling Program. The S&S you can think of it like a Table of Contents for your Counseling Curriculum. It lists the titles of each topic/chapter and the contents of that chapter are up to each individual.

Standards, like the ones we are addressing in the S&S are the "What". "What we want kids to know". The "How", "How do you get there?" meaning, what curriculum and lessons you use, is up to you. Schools are very different, the amount of time and number of sessions you have with students is varies. We do not prescribe to any one tool. Instead we have gathered many different resources to share with you so that you can use and modify those resources to serve your students best.

- *If you have more information and/or resources that you would be willing to share with me, I'd appreciate it.*

Many ideas for tools and resources are listed on the document itself. There are also hundreds of resources listed with in the ISCA Resources pages here:

<https://iscainfo.com/ISCA-Resources> (available to all ISCA Members)

- ***How do I use the column "Lesson ideas/Resources"?***

This is a work in progress. It is meant to be suggestions to help create lessons around the various topics. It is not exhaustive. There are some quick links to guide you. We are inviting counselors to add to the Resource Bank which will come out through the Feedback process, four times throughout this school year. In addition to those listed on the document, there are also tons of resources listed with in the ISCA Resources pages here: <https://iscainfo.com/ISCA-Resources> (available to all ISCA Members). Again, this document is meant to guide you regarding what topics to cover at what grade level.

- ***I was hoping to get a little more information of exactly what would be required if we agree to pilot it.***

If you decide to pilot the S&S all we ask is that you actively use the S&S, provide feedback when requested (4x/year) and contribute to the Resources Bank (which is part of the request feedback form you will receive via email) as applicable.

- ***I like the ideas behind your sections on career exploration but notice that many of these resources are linked to US colleges.***

These are meant to be suggestions, we hope that part of the feedback will diversify the breadth of resources available to counselors. In addition to those listed on the S&S, there are also resources listed with in the ISCA Resources pages, Career Counseling: <https://iscainfo.com/Career-Counseling> (available to all ISCA Members)

- ***What does it include and how quickly can we start looking at materials?***

You can start using it now! The Scope & Sequence document is the material itself. We have a column for suggested tools, but those resources would be at the provision of each counselor.

- ***Last year we began a long term collaboration and decided to implement the CASEL framework across our school. We used the latest UNESCO document on sexuality education to map out our sex Ed program. We are now looking at the rest of our program. How would you suggest proceeding from here?***

At the ISCA Annual conference with [Susie March](#), Comprehensive Sexual Education (CSE) expert, we will explore how ISCA, CSE and CIS standards weave together and

what the role is of the counselor in being part of a CSE program. We suggest you come to the conference to be part of this learning.

In terms of this document, we suggest you use it to guide you in developing your counseling curriculum and counseling program. For example, find the grade level you are teaching to, review the topics/standards that are not currently being addressed at your school and see how you can best deliver those topics to your students. This document is a guide, but it can also be used as a quasi-audit of your curriculum. "Are we covering this?" "We should cover this".

- ***It does not include all the [ISCA Standards or Indicators](#), is that okay?***

There are 14 standards in the current ISCA Model. The S&S does not address all of the standards or indicators (181). Based on our work with counselors, these were the topics and lessons they most frequently address in their curriculum. If you are addressing other ISCA standards not listed in the S&S great! If you feel some topics are missing from this document, please let us know! We will send out requests for feedback 4x throughout the school year.

**VERY IMPORTANT POINT: Keep in mind that not all elements of your counseling program are going to be reflected in the work you do with a class/larger group of students - which the S&S addresses. Some of the ISCA standards will undoubtedly be covered in parent or teacher sessions, or more targeted singular presentations to different stakeholder groups in the community (particularly around the topics of transition, child protection, etc). The S&S specifically targets the Core Counseling Curriculum and lessons that reach all students.**

- ***We have only have one term with each year group (10 lessons, 35 minute lesson periods). Would you still be interested given the limitations?***

Yes! Use the S&S to help with the development of any aspect of your counseling curriculum. It is meant to be a flexible and guiding document for counselors to consult when they are developing their classes. We are very interested in your feedback!

- ***Just to clarify, is the document posted already in the recommended order in terms of lessons or should/will that change?***

You will notice that there is no prescribed number of lessons nor is there a dogmatic order in which topics need to occur. Obviously, some of us have more contact time than

others and some of our counseling work is closely aligned with other curricular areas in our schools.

- *Can we have an active discussion about the S&S throughout the year?*

Yes! Via the [ISCA Forum](https://iscainfo.com/Forum) we can have a shared conversation about your experiences, share resources, etc. To use the Forum you must be an ISCA Member. Here is the link to the FORUM: <https://iscainfo.com/Forum>

On the Forum page, if you click "SUBSCRIBE" you can get notifications of an update or posting. This is an easy way to be notified. Please try it out so that we can all benefit from the discussion.

Four times during the year we will email you seeking out your feedback. On this form we will have a "Resource Bank" to gather the resources you have found useful. Throughout the year keep note of the feedback you want to share with us!

### **Become an ISCA member**

If you are not currently an ISCA member, we encourage you to do so ASAP. Our Resources sections has 100s of links to books, curriculum, websites, etc on many topics you will need throughout the year including topics such as bullying, crisis and grief response, ADHD, conflict resolution, parenting, etc. You will also be able to access our Forum to have discussion about this work with each other as well as access our monthly newsletter, PD events around the world, job board, etc.

This email and the S&S documents will be posted on our website all year long at this link: [Free Resources](#)

**[To become an ISCA member, click here!](#)**

We thank you tremendously in advance for your time and thoughtfulness!!

All the best for a positive start to the school year!

ISCA Curriculum Team