

International School Counselor Association

2019 Annual Conference Information

March 14-16, 2019



International
School Counselor Association

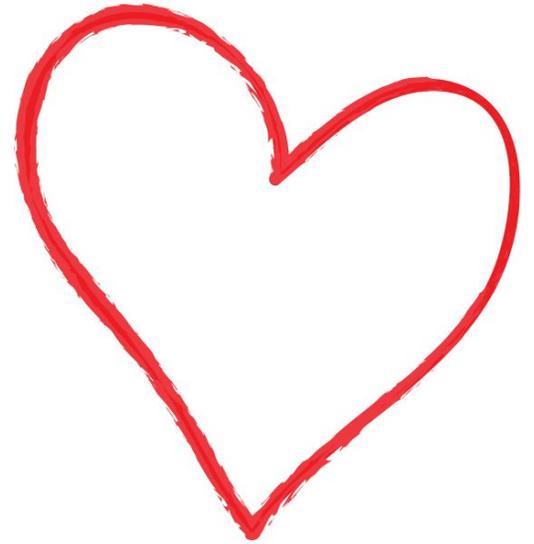


2019 MAIN CONFERENCE OVERVIEW

"Counselors: The Heart of the School"

The International School Counselor Association (ISCA) invites you to join K-12 International School Counselors in Brussels, Belgium March 14-16, 2019. Every year the ISCA Annual Conference brings K-12 counselors from all over the world to collaborate.

School counselors are the heart of the school. We support and enhance the educational achievement of students through the delivery of curriculum, focused on student wellbeing. We advocate for programs that benefit all students. Uniquely positioned in our roles, counselors connect and collaborate with students, parents, teachers and administrators. We organize, lead and evaluate crisis response. This year's conference will focus on building our capacity to lead and advocate in these areas.



To support our efforts in providing programs that address the wellbeing of the whole child, we have invited Susie March, an internationally recognized expert on Comprehensive Sexuality Education (CSE), to be our keynote speaker. During the conference she will be discussing:

- How to introduce a Comprehensive Sexuality K-12 Education program in your school
- Experiential teaching methods and creating a safe teaching environment
- Values and attitudes towards Comprehensive Sexual Education (CSE)
- Aligning the standards of CSE, ISCA and Council of International Schools Accreditation
- Parental engagement, a whole school approach

Susie will also be presenting with Yoan Tranholm Reed, a health professional with an MA in International Child Studies, King's College London, with emphasis on International Child Protection,

International Children's rights, International Comparative Education and Parental engagement in Sex Education.

Join us in the Capital of Europe! Home to the European Union, the Smurfs, hundreds of international organizations and soon a diverse group of international school counselors for a long weekend of learning, connecting and fun!

Brussels, known for its history, chocolate, waffles, beer and mussels, promises to be a feast for your senses.

All information about the conference can be found on our website

<https://iscainfo.com/2019-Annual-Conference/>.

PRE-CONFERENCE

PREPaRE Workshop 1 "Crisis Prevention and Preparedness: Comprehensive School Safety Planning", Thursday, March 14, 2019

The **PREPaRE Workshop 1 "Crisis Prevention and Preparedness: Comprehensive School Safety Planning"** at the ISCA Pre-conference with Chrystal Kelly provides you with the knowledge and resources to help you establish and sustain comprehensive school safety and crisis prevention and preparedness efforts. With updated research and strategies, this workshop makes a clear connection between ongoing school safety and crisis preparedness. It also will emphasize the unique needs and functions of school teams and the steps involved in developing these teams, including a model that integrates school personnel and community provider roles. The workshop also explore how to prepare for school crises by developing, exercising, and evaluating safety and crisis plans.



Participants will receive 6.5 contact hours, a spiral-bound booklet that includes the PowerPoint presentation, supplemental handouts, and a resource CD.

After attending PREPaRE Workshop 1 attendees may decide they would like to attend Workshop 2 (not offered at ISCA), which is a two-day training that focuses on the knowledge and skills necessary

to meet the mental health needs of students and staff in the aftermath of a crisis. Participants can learn more about [Workshop 1 and 2 here](#).

More about PREPaRE

The PREPaRE curriculum has been developed by the National Association of School Psychologists (NASP) and leading experts as part of NASP's decade-long leadership in providing evidence-based resources and consultation related to school crisis prevention and response. PREPaRE training is ideal for schools committed to improving and strengthening their school safety and crisis management plans and emergency response. The PREPaRE framework goals are to:

- Prevent and prepare for psychological trauma
- Reaffirm physical health and perceptions of security and safety
- Evaluate psychological trauma risk
- Provide interventions
- and
- Respond to psychological needs
- Examine the effectiveness of crisis prevention and intervention

KEYNOTE PRESENTER

Susie March

Susie has worked exclusively with international schools for the past ten years. She has a wealth of experience from across the world in delivering Comprehensive Sexuality Education (CSE) to students and running professional development training for staff. Her holistic and developmentally-appropriate approach to CSE is specific to international schools and the unique cultures within which they operate.



She supports and works with school leaders to improve CSE teacher training standards and professional development. Her objective is to make teachers and counselors confident and skilled in delivering an age-appropriate and whole-school approach to the topic. She has also worked on policy development, curriculum planning and implementation.

Her approach is to help educators empower students to take responsibility for their own sexual health, social and emotional well-being by providing the appropriate information, skills and values needed to build healthy, happy and respectful relationships. She believes that cultural sensitivities to sexuality education is improved by parental involvement, facilitated through her parent information sessions.

A Council of International Schools (CIS) Affiliated Consultant in Curriculum Design and Delivery and Student Wellbeing: Protection, Safety, & Security. Susie collaborates with CIS, offering training on strategies for addressing the educational elements of the new Child Protection accreditation standards; these include physical abuse, grooming, online safety, commercial exploitation and disclosure. Susie is a regular speaker and facilitator at educational conferences hosted by organisations such as ECIS, CIS, AAIE, AISA and TAISI.

Based in Munich in Germany, Susie originally qualified in 1986 as a health professional within the UK's National Health Service, and specialised in sexual health, women's health and family planning.

FEATURED PRESENTER



Yoan Tranholm Reed

Yoan received her formative education in Denmark, has lived in Australia and completed her higher education in UK. She is a health professional with an MA in International Child Studies, King's College London, with emphasis on International Child Protection, International Children's rights, International Comparative Education and Parental engagement in Sex Education. Yoan works with a full range of educational establishments and consults with key stake-holders on CSE needs, training, schemes of work and effective evaluation to inform policy and practice.

Yoan has over 20 years' experience in Sexual, Reproductive, Health Rights (SRHR) and Comprehensive Sex Education (CSE). Additionally, she is an elected Advisory Board member at Sex Education Forum (SEF), National Children's Bureau, UK, founder of Teaching Lifeskills, co-founder of Outspoken Sex Ed and advisor at March Consulting.

PRE-CONFERENCE PRESENTER



Chrystal Kelly

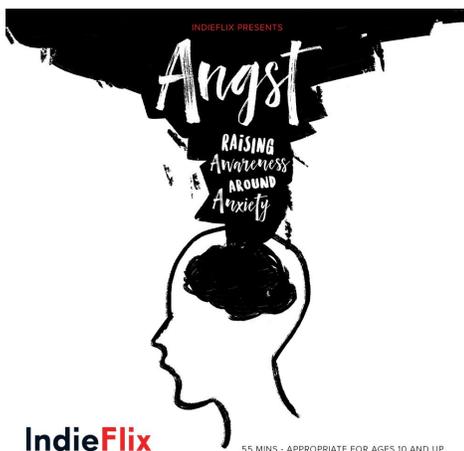
Chrystal Kelly is a passionately committed educator who has been advocating for students, staff and families through counseling, teaching, coaching, and mentoring for the past twenty years. She currently works at The American International School of Muscat (TAISM) in Oman where she enjoys being a leader in all domains of school counseling. She serves as a Student Protection Team Member, Wellness Team Advocate, Muscat School Counselor Group Coordinator, and International School Counselor

Association Task Force Member. As a past Department Leader, Chrystal helped her high school in Colorado, USA become a Recognized American School Counselor Association (ASCA) Model Program and feels very strongly about the importance of delivering a comprehensive, data-driven school counseling program.

Chrystal is dedicated to empowering counselors to be leaders in their schools with crisis response and planning. She will be leading a pre-conference training at ISCA 2019 on the PREPaRE Curriculum, Workshop 1. PREPaRE is a school crisis prevention and intervention training and curriculum, which supports comprehensive physical and psychological safety in schools. Chrystal has attended a variety of trainings in the United States and internationally, focused on suicide prevention, safeguarding children, and trauma and looks forward to sharing her knowledge and learning from others.



MOVIE SCREENING



IndieFlix Shines the Light on Anxiety with Must-See Documentary, "ANGST: RAISING AWARENESS AROUND ANXIETY"

[IndieFlix](#), a leading independent online streaming platform, along with its non-profit arm, the [IndieFlix Foundation](#), is sparking a global conversation about anxiety through screenings of its brand-new documentary, "[Angst: Raising Awareness Around Anxiety](#)". During the ISCA Annual Conference, we will feature viewings of the 56-minute film, followed by informative discussions to open up a dialogue with counselors.

Producers Scilla Andreen and Karin Gornick have one goal: to start a global conversation and raise awareness around anxiety. Through candid interviews, they utilize the power of film to tell the stories of many kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they've found solutions and hope. The film also includes a special interview with Michael Phelps, a mental health advocate and one of the greatest athletes of all-time. In addition, the documentary provides discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources and tools available to address the condition.

Anxiety disorders are the most common mental health challenge in the U.S., impacting 54 percent of females and 46 percent of males, with age seven being the median age of onset, according to the World Health Organization. While anxiety disorders are highly treatable, only one-third of those suffering receive treatment. Everyone involved in the development of "Angst" has a personal experience with anxiety – from the producers to the interviewees.

"Angst" screens in schools and communities across the world. The IndieFlix original film is expected to reach more than three million people around the world, through 25,000 community and school screenings

To book a screening of ANGST in your community, find a screening or learn more, visit www.angstmovie.com or email ann@angstmovie.com.

CONFERENCE SCHEDULE

DRAFT SCHEDULE - As workshops are finalized the schedule below will include workshop titles and descriptions. For a list of past workshop titles, keep reading!

PRE CONFERENCE SCHEDULE (Only for those who registered for the PREPaRE pre-conference)	
Thursday, March 14, 2019	
	Event
8:00-8:30 am	Pre-Conference Registration
8:30am - 10:00 am	PREPaRE workshop
10:00am - 10:25 am	Break
10:30am - 12:00 pm	PREPaRE workshop
12:00pm - 1:00 pm	Lunch in Marche aux Epices
1:00pm -3:00 pm	PREPaRE workshop

MAIN CONFERENCE SCHEDULE		
Thursday, March 14, 2019		
	Event	Location
3:00pm - 4:00pm	Registration	TBA
4:00pm - 5:30pm	Opening Session. Keynote: Values and Attitudes in CSE: Delivering CSE Objectively, While Exploring Mission Statements/Core Beliefs and Addressing These in the Counselors Standards by Susie March	TBA
5:30pm - 7:00pm	Beer, Cheese and Games	TBA
7:15pm - 8:30pm	ANGST Movie Screening	TBA

Friday, March 15, 2019				
	Room 1	Room 2	Room 3	Room 4
7:00am - 7:30am		Running Group	Yoga	Guided Meditation
8:00 - 8:30 am	Final Registration			
8:30am - 10:00am	Keynote: Child Protection Through Education Within the International Content Standards – Why Should CSE Be Introduced in Your School? by Susie March			
10:00am - 10:25am	Break			
10:30am - 12:00pm	Parental Engagement in CSE - A Whole School Approach by Yoan Tranholm Reed	Working Alongside Transgender, Gender Variant, and Questioning Young People: A Counselor Collaboration	Making Social/Emotional Learning Programming the Heart of the School.	The Trauma of the Gifted Child: Supporting the Emotional Needs of Students with Complex Learning Profiles in the International School Setting
12:00pm - 12:55pm	Lunch by Regions in Marche aux Epices			
1:00pm -1:55pm	Developing Positive Self-Image and Resilience through Stories and Symbols in a Group Context	How Explicit Empathy Training Promotes Wellness in the Classroom and Wider School Community	Self Care, a Counselors “Mini Retreat”	Rock & Water training in Secondary Education
2:00pm - 3:00pm	Vaping: Empowering Your Community Through Preventative Education	Growth Mindset: May the Force Be With You	Discipline Problems and Student Mental Health: How School Counselors Can Help Using Restorative Justice Principles	Allow Us to Reintroduce Ourselves: Raising the Profile of the Counseling Program
3:00pm - 3:25pm	Break			
3:30pm - 5:00pm	Highlighting Emerging Problematic Sexual Behaviors by Susie March and Yoan Tranholm Reed	Instilling and Fostering a Healing Rather than Dividing Sense of Empathy Amongst International Students.	Establishing a Culture of Wellbeing	Family Resilience and Adolescent Depressive Symptoms
5:00pm - 6:30pm	ANGST Movie Screening			
Evening	Discover Brussels with City Hosts			

Saturday, March 16, 2019				
	Room 1	Room 2	Room 3	Room 4
7:00am - 7:30am		Running Group	Yoga	Guided Meditation
7:30am - 9:00am	ANGST Movie Screening			
9:00am - 10:00am	Recognise and Practice Opportunities for Implementation of CSE Within the International Model by Susie March and Yoan Tranholm Reed	Caution, Slippery Slope Ahead! - How to Maintain Healthy Professional Boundaries in International Education	Re-imagining Vertical and Horizontal Alignment: Schools that Promote Holistic Student Development through Independent Curriculums	Snap School Counseling: Students in the Age of Social Media
10:00am - 10:25am	Break			
10:30am - 12:00pm	Creating a Safe Learning Environment and Utilizing Experiential Teaching Methods in CSE by Susie March and Yoan Tranholm Reed	Firefighters or Fishermen?	It's OK to Not Be Ok: Designing Responsive Services Through a Trauma Informed Lens	How Counselors Can Support Students, Parents and, Teachers with a Child with ADHD
12:00pm - 12:55pm	Lunch by Divisions in Marche aux Epices			
1:00pm - 1:55pm	Expressive Arts Therapy: Be Well	Stress Balloons	Sex, Gender, and Pronouns: Supporting Gender Minority Students in International Schools	Empathy In Action: Incorporating Mindfulness into Your Counseling Program.
2:00pm - 3:00pm	Counselor Camp	Counselor Camp	Counselor Camp	Counselor Camp
3:00pm - 3:25pm	Break			
3:30pm - 4:30pm	Answering Difficult Questions During CSE Practice by Susie March and Yoan Tranholm Reed	Reinvigorating Family Workshops	The Link Between Nutrition, Learning and Our Mental Health	Putting the U in Culture
4:35pm - 4:50pm	Closing Session			
<p><i>*'Wellness in Schools' sessions are interactive sessions (non-presentation format) led by counselors focused on activities that counselors could run for students, teachers or parents in your school to promote wellness. As we know, wellness enhances performance, attention and reduces stress. These sessions will give participants tools, tips and lessons to take back to their schools as well as improve their own wellbeing.</i></p>				
<p><i>^ Counselor Camp - Taken from the popular EdCamp concept we have our own "unconference" hour. Topics and sessions will be generated by conference participants. The first day and a half of the conference, participants are invited to write down a topic on which they would want to lead a discussion on; the "discussion facilitator" will post it on a board near the break area. After lunch on Saturday all participants will choose the topic that interests them for this hour.</i></p> <p><i>Check out this video for more info on EdCamps: https://www.youtube.com/watch?v=l7DwCl7j0Bg</i></p>				

Over the last two years, workshops have included titles such as:

- Addiction in Youth
- The Importance of Story When Working with Cross-Cultural Kids
- Suicide Prevention in Schools: What Counselors Need to Know
- Unite a School Through the Use of Noncognitive Factors
- Building Resilience and Wellness After School Tragedy: Tips for Caregivers
- Expressive Arts Therapy with Groups
- Mindfulness-Based Wellbeing: Supporting Mental, Social and Emotional Health in Your School

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- 'What about Me?' Caring for Yourself While Caring for Others
 - Cyberbullying and Bullying Prevention: It Takes a Village
 - Beyond Academics: Meeting the Social and Emotional Needs of ELL & LGBT Youth
 - Supporting Children of Adoption in the International School Setting
 - The University Application Process as a Change-Agent: Helping Students/Families Grow Genuinely Through the Process
 - International Teaching: How to Help New Faculty Arrive and Thrive
 - Sea Change Mentoring: Relationship-Based Learning and Well-Being
 - Designing and Implementing Advisory Programs: A Tale of Two Cities
 - Collaborating in Wellness, Student Protection, and Crisis Teams to Address Challenging Student and Family Concerns
 - Self-Injury in International Schools
 - Contemplative Career Counseling: Using Design Thinking with Mindful Awareness to Help Direct Students
 - Teaching Wellness Through Group Interventions
 - A Grass Roots Wellness-Boosting Program Any School Can Adopt
 - Bloom Where You are Re-planted: Using Creative Tools in Counseling to Help Students Survive Transition and Thrive in School
 - Guiding Teachers in Self-Compassion Work
 - 10 Strategies of Trauma-Informed Schools to Support all Students
 - Building an Effective Guidance Process for Internationally Mobile Students
 - Establishing A Student Council/ Student Ambassador Program
 - The Let's Talk Initiative- Engagement and Visibility
 - Using Our Story to Make a Difference in this World
 - Youth Suicide The Critical Role of School Counselors in Prevention Intervention and postvention
 - Supporting a School Community Through a Natural Disaster
 - An Introduction to Mindfulness in Education: Be Mindful, Teach Mindfully, Teach Mindfulness
 - Learning Analytics Visualizing Data to Support Student Growth
 - A Comprehensive Transition Toolkit Helping Ourselves, Our Students and Those Left Behind
 - Safeguarding Children in a Challenging World- A Presentation by Counselors for Parents
 - Happiness Engineering A Data Driven Model of Student Care and Academic Advising
 - Engaging Faculty in Therapeutic Approaches After a Traumatic Event
 - Using School Based Trauma-Focused CBT to Support International Students Who Are and Have Experienced Trauma
 - Where There are No Mental Health Services
 - Non Suicidal Self Injury Critical Issues for Counselors

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- Embracing Cultural Diversity Counselors Cultivate Student Wellness
 - Is It ADHD? Or Is It Something Else?
 - Contemporary Issues in School Crisis
 - Parents Make A Difference: How Proactive Parent Opportunities Enhance Counseling Program

WHY ATTEND THE ISCA ANNUAL CONFERENCE?

We meet the needs of K-12 Counselors Overseas

The International School Counselor Association hosts the only conference completely focused on developing the skills, enhancing best practices and networking opportunities for EC/K-12 international school counselors. All workshops are geared towards improving school counseling programs; counselors walk away with specific tools, strategies and curriculum to implement directly into their school, appropriate to their role.

Where do attendees come from?

At ISCA we have designed our association and conferences to meet the needs of the K-12 counselor. No other conference, or association, in the world, has this niche. Over the last few years we bring together more elementary, middle school and K-12 school counselors than any other international conference. You can see from the chart below some of the demographic data on our conference attendees.

We know how important it is for division specific counselors to collaborate. Therefore, we design our conference to facilitate this through division specific workshops and events, lunches that are grouped by division and the sharing of contact information of conference participants with their division identified. Additionally, we facilitate counselors meeting each other from the various regions.

As a regular attendee or first timer, counselors are guaranteed to meet and collaborate with those in their division or region! A counselor's list of who to contact will grow after attending this conference.

School location	2017 Conference Attendees- Prague	2018 Conference Attendees- Bangkok
Asia	27%	61%
Europe	29%	5%
Africa	8%	5%
Americas	13%	16%
Middle East/Central Asia	24%	13%
Division currently work in	2017 Conference Attendees- Prague	2018 Conference Attendees- Bangkok
Elementary	26%	26%
Middle School	18%	14%
High School and College	30%	23%
Secondary (MS and HS)	14%	12%
University	4%	11%
K-12	8%	13%

What conference attendees are saying...

(Post Conference Survey Feedback from 2018 Bangkok Annual Conference)

96% of Conference attendees reported they were very likely to recommend an ISCA conference to others.

Thank you for offering the unique opportunities like job-a-likes and counselor camp and also encouraging a variety of connections through semi-assigned lunches. This makes the conference very special. I have attended several state and national conferences in the US, but I have never felt so welcome, engaged, noticed, and energized. Thank you for all the hard work and thoughtfulness to promote the profession and inspire us as practitioners!

This was, as usual, the best forum for us caring counsellors. I can't think of any conference that I've attended in my LONG years in the biz, that is more effective and relevant to our work. I'm so grateful to Cheryl and Brooke for their vision and focus. I'm proud to say that I'm a member of ISCA and a part of this "movement".

Oh my goodness, this is my first school counseling conference (I'm new to the field). However, I have been to a dozen academic and mental health conferences. None compare! Your level of organization exceed all!

Thank you so much! This is an incredible conference. So often I attend conferences that focus on college counseling, so it's refreshing and inspiring to be here and focus on counseling and discuss topics that aren't always talked about enough.

Thank you for hosting another amazing conference! It is such a wonderful opportunity to connect and reconnect with people, share ideas and struggles and be wonderfully supported by "our people."

Amazing conference!!! Met so many new people who were willing to share resources. Great positive, upbeat, collaborative, supportive, and like-minded environment!!! Can't wait to hear where we will be next year!!!

This was the best professional development/conference I have ever attended. Every single one of the presentations/workshops I attended were relevant, well planned, professional and offered real ways to take back ideas to schools. Not only did I have the opportunity to attend these sessions, and present myself, but having the opportunity to connect with other school counselors from around the world was an amazing experience for me. This conference has made me feel a part of the "scene" for international school counselors. I became a member during the conference and look forward to what is next to come! Thank you so much :)

Thank you for a beautiful resourceful conference as usual. I'm taking back with me a lot of tools and insights!

Thank you. I am in awe of ISCA, and I am eternally grateful for the opportunity, inspiration, and invitation to an engaging, collaboratively-minded, and compassionate group of professionals. I will return to my students and community in 32 hours exhausted and with a renewed energy. I cannot wait to get home, practice, engage, and implement!

Great conference. Loved everything.

GENERAL INFORMATION and PRICING

Main Conference Fees

[Early Bird Registration until November 10, 2018](#) – Take advantage of reduced conference rates:

- ISCA Members -- \$595
- Non-ISCA Members -- \$625

[Regular Registration from November 11, 2018 until December 15, 2018](#)

- ISCA Members -- \$610
- Non-ISCA Members -- \$640

[Late Registration from January 12, 2019 until January 31, 2019](#)

- ALL ISCA Members and Non-ISCA Members -- \$675

Main Conference Fees include:

- Participation in all workshops and events during the main conference
- Two (2) full buffet lunches during the main conference
- Four (4) coffee breaks with snacks throughout the conference
- Cocktail hour sponsored by ISCA
- Access to all presentations and materials from the workshop presenters

Pre-Conference Fees

This year we will be offering a Pre-Conference Workshop on March 14, 8:30am – 3:00pm. For more details about the workshops, click [here](#). The cost, \$175, is in addition to the Main Conference Fee (see above).



Fees for the Pre-conference Include:

- Participation in one (1) of the full day pre-conference workshops
- A spiral-bound booklet that includes the PowerPoint presentation, supplemental handouts, and a resource CD.
- One (1) coffee break with snacks
- Full buffet lunch

LOCATION

Brussels, Belgium

All conference events will be held at the [Hilton Brussels Grand Place](#).

Special rates with the hotel have been negotiated; the rates below include breakfast, internet and all taxes:



- **Single Room** (includes breakfast, internet, taxes): **134.34 EUR/per night**
- **Double Room** (includes breakfast, internet, taxes): **154.24 EUR/per night****

Special room rates are **limited!** To receive the special rate, please book your room(s) at the link through our website: <https://iscainfo.com/2019-Accommodations> .