



International
School Counselor Association

COUNSELING CONSULTATION CIRCLES

In Partnership with Linden Global
Learning Support Services



LINDEN
GLOBAL LEARNING & SUPPORT



Consultation Circles for School Counselors



We know that counselors are the heart of a school. When the heart is strong- your school stays healthy. Our Consultation Circles for School Counselors provide the training, care, and support counselors need to do their best work especially during this challenging time.

Linden mental health practitioners provide counselors with a confidential platform to discuss challenging cases, find creative solutions to difficult situations in their schools, and most importantly: to share what's going well.



CONSULTATION CIRCLES FOR SCHOOL COUNSELORS

HOW IT WORKS:

The Counseling Consultation Circles provide professional consultation for difficult or complex cases; additionally, participants support each other personally and professionally as they manage the burden of providing care during a global pandemic.

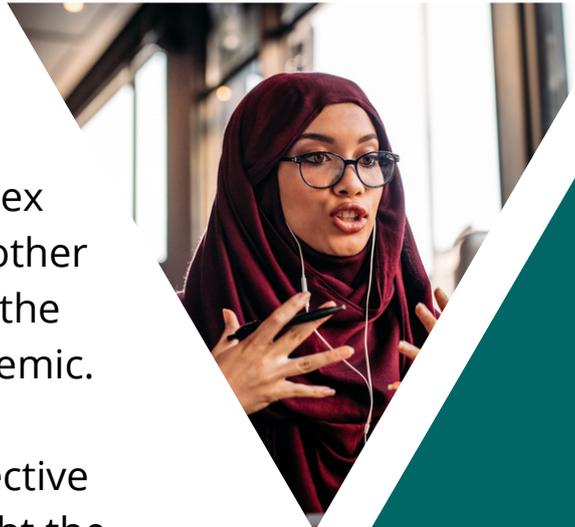
Linden facilitators will provide a clinical perspective and assist with resources. Designed to highlight the rich knowledge and diverse perspectives that counselors around the world bring, each session will feature the following:

- Celebrations
- Personal and Professional Support
- Case Presentations
- Resources Based on Topics Addressed and Wisdom Shared

SCHEDULE & TIMELINE:

Groups will meet 8x from February through June 2022. Each session will meet for 90-minutes.

www.iscainfo.com/consultation-circles



Consultation Circles for School Counselors

Circle Participants

Circles are composed of five to seven international school counselors per group, who will remain together as a supportive cohort for the 8 sessions.

About the Linden Facilitators

The Linden facilitators are International counselors and psychologists seasoned in working with children in international schools and third culture students. They will provide follow up resources and share their therapeutic expertise. Facilitators ensure that dynamic, strengths focused conversations leave everyone feeling seen, heard, and energized at the end of the session.



Pricing:

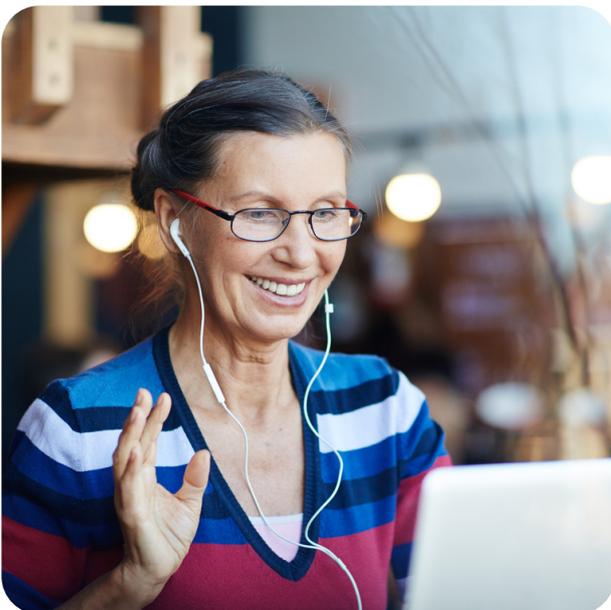
from February to June, 2022

ISCA Members \$360

Non Members \$420

Confidentiality

We are committed to protecting the confidentiality of all students. Participants will be required to sign confidentiality agreements before joining a group. We create a safe space for counselors to openly discuss their challenges in a supportive and confidential environment.



Consultation Circles for School Counselors

About Linden Global Learning Support Services

Linden Global Learning Support Services provide much needed educational and therapeutic support to international students and schools anywhere in the world. From Berlin, the heart of Europe, to anywhere in the world, we offer tailored support to ensure the academic success and emotional well-being of all learners.



Registration

Register for the Counseling Consultation Circles by Friday, February 19th.

When you register you will be asked to select five times when you are available to attend. Registration is open through February 10th. We will notify you after February 14th to confirm which group you are in.

Circles will start the week of February 21st. Visit www.iscainfo.com/consultation-circles for exact dates and times.

Meet the Linden Facilitators



CHRISTINA KEDAJ - Counselor (USA)

Christina Kedaj is a Psychological Counselor with a Bachelor of Arts in Psychology from Texas A&M University and a Master of Arts in Counseling from Dallas Theological Seminary. She is a Licensed Professional Counselor in the United States and has worked extensively with children, teenagers, and their parents.

Before working with international school children through Linden Global Learning, her experience included both individual and group counseling in an outreach counseling center and a domestic violence shelter. She is passionate about providing a safe space for children and teenagers to express themselves, whether through play or conversation, and guiding them on how to cope with the challenging parts of life.



SARA TERRY - Clinical Psychologist (USA)

Sara is a child and family therapist with an M.A. in psychology in education from Teachers College, Columbia University, and an M.S in clinical and counseling psychology from Chestnut Hill College in Philadelphia. Sara began her career as a teacher for children with autism utilizing ABA and DIR therapy and has now worked with children in school and clinical settings for over 15 years.

Since completing her master's degree in clinical psychology, she has provided child and family therapy in a private practice setting for children with autism, anxiety and ADHD. In her work with children Sara takes a child-centered and developmental approach within the family systems context. In addition, she trained in Lindamood-Bell, Orton-Gillingham, and is a certified yoga instructor. Sarah has lived in several different countries including Japan and Germany, and has recently moved back to the US.

Meet the Linden Facilitators



CURT VON TOERNE - Licensed Psychological Psychotherapist (USA/GERMANY)

Curt is a licensed psychotherapist and family therapist with a B.A. in history from Amherst College and a diploma in psychology from the Freie Universität Berlin. He trained in Family Therapy at the Berliner Institut für Familientherapie and has more than 35 years experience working with children, adolescents, and their parents on behavioral and family-related issues, learning disabilities, mental health, and mental illness.

For the past four years Curt served as department chairman of psychotherapy and long-term intensive therapy at the Median Kinder und Jugendklinik in Beelitz-Heilstätten, Germany. While there, Curt supervised professional teams and worked directly with adolescents, treating a wide spectrum of issues including eating disorders, social phobia, emotional disorders, school refusal, self-harm, suicidality, and gaming and media addiction.

Curt has decades of experience working in and networking with social, psychiatric and health agencies and institutions in Germany. Curt is committed to assisting children, adolescents, and their families in discovering their own resources and potential as well as the potential of their immediate and extended social environments. With an eclectic approach to counseling and therapy Curt works primarily using systemic methods and relevant aspects of cognitive behavioral therapy.

MAKIA MATHEIS - Licensed Clinical Social Worker (USA)



Makia is a licensed clinical social worker with a passion for working with families, youth, and young adults. She is also a mother, helper, advocate, listener, agent for change, therapist, and counselor. Makia believes that we are all unique individuals with different backgrounds, values, and life experiences. Part of her work is understanding her clients, their difficulties, and focusing on their strengths.

Meet the Linden Facilitators

Before becoming a therapist, Makia was a teacher. Through teaching, she learned that her one-on-one relationships with her students and her alliance with their parents are essential parts of student learning and growth. After leaving the teaching field, Makia earned a master's of clinical social work from the University of Denver with a concentration in family systems. She has worked with adults, children, and families in various settings, including hospitals, public and international schools, and community-based organizations.

Having lived overseas for eight years, Makia understands the nuances of living in another country, raising multicultural children, and creating a sense of belonging and community in a foreign land.

OULAYA SAMHOUN-JAWAD - School Counselor (LEBANON)



Oulaya is a school counselor working with students of all ages. She earned her Master's degree in School Counseling from the Lebanese American University, Beirut-Lebanon. She strongly believes that the social and emotional wellbeing of students is an essential factor in positive academic development.

Oulaya provides individual and group counseling sessions, focusing on social behavior, relational dynamics, emotional concerns, academic achievement, and community engagement. She has worked with students and families in crisis and provides grief counseling for students who have experienced trauma and death in the family.

Most recently, she focussed deeply on issues of Child Protection and Safeguarding as Child Protection Officer for a school in the Middle East. Oulaya also provides support for parents, sharing with them parenting guidance and strategies to help them deal with their own stress and enable them to maintain their own families' wellbeing.



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LEAH van der KOOY - Psychologist and School Counselor (USA)

Leah is a highly-qualified school counselor and psychologist living in the Netherlands. As an expat living abroad from her home country of the United States, she keenly understands the challenges that international life can bring.

Third Culture Children often struggle with loneliness, sadness, anxiety and adjustment issues. Leah has a depth of experience that aims to not only resolve these issues, but to help her students to thrive! With over 15 years of professional background under her belt working as a crisis intervention counselor, school counselor, health and wellness coach, yoga & mindfulness teacher and health education manager, Leah has amassed a wealth of experience that clients find helpful, supportive and most important, results driven. She likes to set goals and use positive reinforcement to meet and exceed personal benchmarks.



MING JUNG - Licensed Counselor (Taiwan)

Ming-Jung is a licensed counselor and counselor supervisor from Taiwan, and an ICF Certified Coach. She has an M.ed. in Community Counseling from the University of North Texas, and a PhD level advanced Counseling Supervisor training from the National Taiwan Normal University.

Ming-Jung has over 10 years of experience working with parents, children and teachers on mental health and cultural adjustment challenges. She works with international students, staff, and families and supervises counselors and intern-supervisors. She uses the Adlerian and multicultural counseling approaches to help clients improve their self-awareness and adjustment processes. Ming-Jung specializes in: Child-parent relationships, personal growth, emotion-regulation, cultural adjustment, crisis intervention, training/supervision for mental health workers, play therapy, and art therapy.



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