

Resources and Articles for School Counselors and Communities Related to the Novel Coronavirus (COVID-19)

Updated: March 16, 2020
See below for new articles

While ISCA is committed to supporting school counselors as they prepare and respond to COVID-19 concerns, this document is not intended to, nor does it, provide any legal advice. If you have a resource that you would like to share or believe would have broad appeal to aid the international school counselor community, please email counseling@iscainfo.com to suggest additional content for this document.

Resource Title	Source	Link
Updated March 16, 2020		
Mental Health Considerations during COVID-19 Outbreak	World Health Organization (WHO)	Article
Q&A on coronaviruses (COVID-19)	World Health Organization (WHO)	Website
Coronavirus and the Importance of An “All Hazards” Approach to School Safety Planning	Association for Supervision and Curriculum Development (ASCD)	Article
The Chaos of Coronavirus: How to Protect Your Mental Health	Thrive Magazine	Article
COVID-19: IFRC, UNICEF and WHO issue guidance to protect children and support safe school operations: Guidance includes practical actions and checklists for administrators, teachers, parents and children	UNICEF	Website

Coronavirus Updates: Supports for Students Affected by Natural Disasters and Emergencies	College Board	Website
Coronavirus: How it is different from seasonal flu and common cold	Infographic from MSN.com	Website
Scholastica Learn at Home: Free Lessons for PreK - 8+ Grades	Scholastica	Website
Social Distancing: This is Not a Snow Day	Medium	Article
How to Talk to Little Learners about Coronavirus	Public Broadcasting Corporation (PBS) Teachers Lounge	Website
Resources for Educators -- Lessons, Online Teaching Tips	Global Online Academy	Website
How to Keep the Greater Good in Mind During the Coronavirus Outbreak	Greater Good Magazine	Article
AP Updates for Schools Impacted by Coronavirus	The College Board	Website
How to talk to your child about coronavirus disease 2019 (COVID-19)	UNICEF	Website
Resisting the Pandemic of Prejudice, Reclaiming the Power of Relationships	Search Institute	Article
Coping with coronavirus anxiety	Harvard Medical School	Article
Resources posted on March 11, 2020		
Coping With Stress During Infectious Disease Outbreaks	Substance Abuse and Mental Health Services Administration (SAMSHA)	Article

Daily WHO Situation Reports	World Health Organizations (WHO)	Website
Colleges brace for a coronavirus threat that could be broader and longer-term that originally anticipated.	Latitudes Magazine	Article
Frequently Asked Questions and Answers: Coronavirus Disease-2019 (COVID-19) and Children	U.S. Centers for Disease Control (CDC)	Article
Xenophobia 'Is A Pre-Existing Condition.' How Harmful Stereotypes and Racism are Spreading Around the Coronavirus	Time Magazine	Article
Ten Strategies for Educators' Wellbeing: A Handbook for Schools During the COVID-19 Outbreak	Sea Change Mentoring	Article
Coronavirus Lesson Plans	Share My Lessons	Website
Coronavirus and Racism: Fears, Stereotypes and Scapegoating	Share My Lessons	Article
How to Respond to Coronavirus: 6 Steps for Schools	Education Week	Article
Talking to Kids About the Coronavirus	Child Mind Institute	Article
Talking to Children About COVID-19 (Coronavirus) A Parent Resource	National Association of School Psychologists (NASP)	Article
Responding to COVID-19: Brief Action Steps for School Crisis Response Teams	National Association of School Psychologists (NASP)	Article
Preparing for Infectious Disease Epidemics: Brief Tips for School Mental Health Professionals	National Association of School Psychologists (NASP)	Article
Online Learning: A Strategic Approach for K-12 Schools	International Schools Services (ISS)	Website

The Emotional Crisis of COVID-19: A Call to Action	Dr. Tracy Pinshow Navon (Hong Kong Psychologists)	Article
The Danger and Opportunity of Covid-19 for International School Educators	RESTORATIVE COMMUNITY CONCEPTS	Article
Interim Guidance for Administrators of US Childcare Programs and K-12 Schools to Plan, Prepare, and Respond to Coronavirus Disease 2019 (COVID-19)	U.S. Centers for Disease Control (CDC)	Article
Pandemic Panic? These 5 Tips Can Help You Regain Your Calm	National Public Radio (NPR)	Article
College Board Updates about International Testing: SAT, Subject Tests and Advanced Placement Exams	College Board	Website
International Baccalaureate Updates about International Testing: May 2020 IB Exams	International Baccalaureate Organization (IBO)	Site
International ACAC Member Forum on Novel Coronavirus	International ACAC	Webinar (recording)
NACAC, ACT, College Board, Common App and IB Join International ACAC Presidents in Encouraging Support for those Impacted by the Coronavirus Outbreak	Collaboration of Organizations	Article
Preparing for Covid-19 Closures - Pt1: Advice for School Business Managers	Mark Steed, Principal and CEO at Kellett School, Hong Kong	Article
Covid-19 Advice for School Leaders: Pt2 - What to Expect	Mark Steed, Principal and CEO at Kellett School, Hong Kong	Article

Covid-19 Advice for School Leaders: Pt3 - Communications Strategy	Mark Steed,Principal and CEO at Kellett School, Hong Kong	Article
Safeguarding implications for online learning	Council of International Schools (CIS)	Article
Supporting parents during coronavirus eLearning	International School of Beijing	Article
Coronavirus Disease 2019: CDC is responding to the novel coronavirus outbreak	U.S. Centers for Disease Control (CDC)	Article
Resources for Households: Interim Guidance: Get Your Household Ready for Coronavirus Disease 2019 (COVID-19)	U.S. Centers for Disease Control (CDC)	Website
Additional Coronavirus (COVID-19) Guidance for Schools	National Association of Independent Schools (NAIS)	Article
Understanding Coronavirus: What Schools Need to Know	National Association of Independent Schools (NAIS)	Article
Enrollment Headaches From Coronavirus Are Many. They Won't Be Relieved Soon	The Chronicle of Higher Education	Article
Coronavirus anxiety: how to cope if you're feeling anxious about the outbreak	British Association for Counselling and Psychotherapy (BACP)	Article
Just for Kids: A Comic Exploring the New Coronavirus from NPR modified for Scarlett Middle School	National Public Radio (NPR)	Video
Coronavirus impacts education'	United Nations Educational, Scientific and Cultural Organization (UNESCO)	Website
Federal Agencies, Health Association Help Colleges Plan Ahead	Inside Higher Education	Article

Proper Handwashing Tips	U.S. Centers for Disease Control (CDC)	Site
A simple guide to the vaccines and drugs that could fight coronavirus	Vox	Article
Ease Your Fears	Collaboration with WHO, CDC, JHU, HMS	Article
How the Coronavirus Is Affecting Admissions	Inside Higher Education	Article