



International
School Counselor Association

COUNSELING CONSULTATION CIRCLES

A safe space for international school counselors to discuss challenges, explore solutions and celebrate wins.

*In Partnership with Linden Global
Learning Support Services*



LINDEN
GLOBAL LEARNING & SUPPORT

CONSULTATION CIRCLES FOR SCHOOL COUNSELORS

FALL 2022

We know that counselors are the heart of a school. When the heart is strong- your school stays healthy. Our Consultation Circles for School Counselors provide the training, care, and support counselors need to do their best work especially during this challenging time. Linden mental health practitioners provide counselors with a confidential platform to discuss challenging cases, find creative solutions to difficult situations in their schools, and most importantly: to share what's going well.

“ The ISCA consultation circles were something I looked forward to every session to connect with like minded people who could relate to what I was experiencing and give me inspiration, support, and ideas to better support my students. - ISCA Circle Participant, Spring 2022

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WHATS NEW!

- Experienced international school counselors from Kenya, Taiwan, Israel, Germany and the USA
- Guest speakers from Linden's learning support & neurodiversity team
- A growing library of mental health resources with contributions from 90+ international school counselors

Consultation Circle Themes:

Navigating difficult conversations with parents

Empowering parents to support their children

Compassion fatigue

Navigating conversations with other staff members at school

Child protection and cultural sensitivity, and more...

Guest Speaker Topics:

Culturally competent care for youth who identify as LGBTQI+

Mental health & neurodiversity in international schools

Creating an inclusive work environment for school staff



HOW IT WORKS

The Counseling Consultation Circles provide professional consultation for difficult or complex cases; additionally, participants support each other personally and professionally as they manage the burden of providing care during a global pandemic. Linden facilitators will provide a clinical perspective and assist with resources. Designed to highlight the rich knowledge and diverse perspectives that counselors around the world bring, each session will feature the following:

- Celebration: each counselor talks about their wins of the week
- Guest speakers will attend one or two sessions to help sharpen your counseling toolkit
- Case Presentations: 2-3 counselors present a case or a challenge at school
- Feedback: Each counselor shares an insight or idea
- Closing: Facilitator summarizes and wraps up the session
- Post session: facilitator sends a list of resources based on topics addressed and wisdom shared
- Final session closing ceremony - what we've learned, how we've grown

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CONSULTATION CIRCLES FOR SCHOOL COUNSELORS FAQs

FALL 2022

What is the schedule and timeline?

Groups will meet 8x from October 2022 through January 2023. Each session will meet for 90-minutes.

How big is the group

Circles are composed of five to seven international school counselors per group, who will remain together as a supportive cohort for the 8 sessions.

Who are Linden Global Learning Facilitators?

The Linden Global Learning facilitators are International counselors and psychologists seasoned in working with children in international schools and third culture students. They will provide follow up resources and share their therapeutic expertise. Facilitators ensure that dynamic, strengths focused conversations leave everyone feeling seen, heard, and energized at the end of the session.

How much does this cost and is there financial assistance?

From October 2022 to January, 2023: ISCA Members \$360 Non Members \$420

Are these sessions confidential?

We are committed to protecting the confidentiality of all students. Participants will be required to sign confidentiality agreements before joining a group. We create a safe space for counselors to openly discuss their challenges in a supportive and confidential environment.

How can I register?

Register for the Counseling Consultation Circles by **September 21**. When you register you will be asked to select five times when you are available to attend. Registration is open through February 10th. We will notify you after February 14th to confirm which group you are in. Circles will start the week of February 21st.

FALL SCHEDULE

GROUP	DAYS	TIME (GMT)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8
1	Mon	7am	Oct 3	Oct 17	Oct 31	Nov 14	Nov 28	Dec 12	Jan 9	Jan 16
2	Tue	6pm	Oct 4	Oct 18	Nov 1	Nov 15	Nov 29	Dec 13	Jan 10	Jan 24
3	Wed	7am	Oct 5	Oct 19	Nov 2	Nov 16	Nov 30	Dec 14	Jan 11	Jan 25
4	Wed	1pm	Oct 5	Oct 19	Nov 2	Nov 16	Nov 30	Dec 14	Jan 11	Jan 25
5	Thurs	4pm	Oct 6	Oct 20	Nov 3	Nov 17	Dec 1	Dec 15	Jan 12	Jan 26

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CONSULTATION CIRCLES FOR SCHOOL COUNSELORS

LINDEN FACILITATORS FROM AROUND THE WORLD



MAKIA, LICENSED CLINICAL SOCIAL WORKER (USA)

Makia is a licensed clinical social worker with a passion for working with families, youth, and young adults. Part of her work is understanding her clients, their difficulties, and focusing on their strengths. Before becoming a therapist, Makia was a teacher. Through teaching, she learned that her one-on-one relationships with her students and her alliance with their parents are essential parts of student learning and growth. After leaving the teaching field, Makia earned a master's of clinical social work from the University of Denver with a concentration in family systems. She has worked with adults, children, and families in various settings, including hospitals, public and international schools, and community-based organizations.



CURT, LICENSED PSYCHOLOGICAL PSYCHOTHERAPIST (USA/GERMANY)

Curt is a licensed psychotherapist and family therapist with a B.A. in history from Amherst College and a diploma in psychology from the Freie Universität Berlin. He trained in Family Therapy and has more than 35 years experience working with children, adolescents, and their parents on behavioral and family-related issues, learning disabilities, mental health, and mental illness. Curt has served as department chairman of psychotherapy and long-term intensive therapy at the Median Kinder & Jugendklinik in Beelitz-Heilstätten, Germany. Curt supervised professional teams and worked directly with adolescents, treating a wide spectrum of issues including eating disorders, social phobia, emotional disorders, school refusal, self-harm, suicidality, and gaming and media addiction. Curt is committed to assisting children, adolescents, and their families in discovering their own resources and potential as well as the potential of their immediate and extended social environments.



EVANS, LICENSED PSYCHOLOGICAL COUNSELOR (KENYA)

Evans is a psychological counselor currently pursuing his PhD in Counseling Psychology. He has a B.A from Kenyatta University and an M.A in Counseling Psychology from Daystar University in Nairobi, Kenya. Evans has years of experience in counseling practice with proven competencies in working with children, adolescents, and families, as well as facilitating psychoeducational sessions on topical issues such as improving family relations, preventing substance abuse, and coping with stress. As a counseling psychologist he is involved with screening and assessment for various conditions including ADHD in children, outpatient counseling for individuals with substance use disorders, and helping families resolve issues around loss, grief, or trauma. Evans is also a certified Addiction professional in the treatment of persons with substance use disorders with the Global Centre for Credentialing and Certification.



MING JUNG, LICENSED COUNSELOR (TAIWAN)

Ming-Jung is a licensed counselor and counselor supervisor from Taiwan, and an ICF Certified Coach. She has an M.ed. in Community Counseling from the University of North Texas, and a PhD level advanced Counseling Supervisor training from the National Taiwan Normal University. Ming-Jung has over 10 years of experience working with parents, children and teachers on mental health and cultural adjustment challenges.



NOA, CHILD & ADOLESCENT PSYCHOLOGIST (ISRAEL)

Noa Kanter is a Psychologist who holds a BA in psychology and developmental aspects in Education from Tel-Aviv University and an MA in child clinical psychology from Bar-Ilan University. Noa practiced various therapeutic interventions in public health care clinics in Israel and worked as a school psychologist conducting psychoeducational assessments in the city of Holon. She has spent the past three years working as an educational psychologist in international schools in Europe with Linden Global Learning. In her work with students and schools, Noa strives to combine scientific knowledge from developmental evidence-based research with every person's unique ecosystem.

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